

## BAVQ

There are many people who hear voices

It would help us to find out how you are feeling about your voices by completed the enclosed questionnaire which simply asks you to Circle "Yes" or "No" to the following questions.

Thank you for your help.

NAME: .....

AGE: .....

1.	My voice is punishing me for something I have done	YES	NO
2.	My voice wants to help me	YES	NO
3.	My voice is persecuting me for no good reason	YES	NO
4.	My voice wants to protect me	YES	NO
5.	My voice is evil	YES	NO
6.	My voice is helping to keep me sane	YES	NO
7.	My voice wants to harm me	YES	NO
8.	My voice is helping me to develop my special powers or abilities	YES	NO
9.	My voice wants me to do bad things	YES	NO
10.	My voice is helping me to achieve my goal in life.	YES	NO
11.	My voice is trying to corrupt or destroy me	YES	NO
12.	I am grateful for my voice	YES	NO
13.	My voice is very powerful	YES	NO
14.	My voice reassures me	YES	NO
15.	My voice frightens me	YES	NO
16.	My voice makes me happy	YES	NO

- |     |                                  |     |    |
|-----|----------------------------------|-----|----|
| 17. | My voice makes me feel down      | YES | NO |
| 18. | My voice makes me feel angry     | YES | NO |
| 19. | My voice makes me feel calm      | YES | NO |
| 20. | My voice makes me feel anxious   | YES | NO |
| 21. | My voice makes me feel confident | YES | NO |

WHEN I HEAR MY VOICE, USUALLY ...

- |     |   |     |    |
|-----|---|-----|----|
| 22. | I tell it to leave me alone                                 | YES | NO |
| 23. | I try and take my mind off it                               | YES | NO |
| 24. | I try and stop it   | YES | NO |
| 25. | I do things to prevent it talking                           | YES | NO |
| 26. | I am reluctant to obey it                                   | YES | NO |
| 27. | I listen to it because I want to                            | YES | NO |
| 28. | I willingly follow what my voice tells me to do             | YES | NO |
| 29. | I have done things to start to get in contact with my voice | YES | NO |
| 30. | I seek the advice of my voice                               | YES | NO |

Personal Knowledge Scale

MY VOICE HAS TALKED ABOUT .....

1.	What's going through my mind	YES	NO
2.	My weaknesses	YES	NO
3.	How I'm feeling	YES	NO
4.	Bad things that will happen to me in my future	YES	NO
5.	Good things that have happened in my past	YES	NO
6.	Things I fear most or wouldn't want to happen	YES	NO
7.	Bad things I have done in my past	YES	NO
8.	What I am doing	YES	NO
9.	Bad things that will happen in my future	YES	NO
10.	Good things that have happened in my past	YES	NO
11.	Bad things that have happened in my past	YES	NO
12.	Things I am thinking	YES	NO
13.	What I'm about to do	YES	NO
14.	What the future holds	YES	NO

Scoring guidelines for the  
Beliefs about voices questionnaire (BAVQ)

The following guidelines for scoring the BAVQ are derived from an initial study involving 60 individuals in which we examined the psychometric properties of the measure (Chadwick & Birchwood, 1995). For all items if the individual answers Yes, score 1, if the answer is No, score 0.

**Malevolence.** There are six items for malevolence, namely, numbers, 1, 3, 5, 7, 9 and 11. The total score is therefore 6, and a threshold score of four or more is indicative of malevolence.

**Benevolence.** There are six items for benevolence, namely, numbers, 2, 4, 6, 8, 10 and 12. The total score is therefore 6, and a threshold score of three or more is indicative of benevolence.

**Resistance.** There are nine items for resistance, four relating to feelings (15, 17, 18 and 20) and to five to behaviour (22, 23, 24, 25 & 26). The total score is therefore nine, and a threshold of six or more is indicative of resistance.

**Engagement.** There are eight items for engagement, four relating to feelings (14, 16, 19 & 21) and four to behaviour (27, 28, 29 & 30). The total score is therefore eight, and a threshold of five or more is indicative of engagement.

Chadwick, P.D.J. & Birchwood, M.J. (1995). The omnipotence of voices II: The beliefs about voices questionnaire. *British Journal of Psychiatry*, 166, 773-776.