There are many people who hear voices.

It would help us to find out how you are feeling about your voices by completed the enclosed questionnaire which simply asks you to Circle “Yes” or “No” to the following questions.

Thank you for your help.

NAME: ..................................................

AGE: .....................................................
1. My voice is punishing me for something I have done  
   YES  NO
2. My voice wants to help me  
   YES  NO
3. My voice is persecuting me for no good reason  
   YES  NO
4. My voice wants to protect me  
   YES  NO
5. My voice is evil  
   YES  NO
6. My voice is helping to keep me sane  
   YES  NO
7. My voice wants to harm me  
   YES  NO
8. My voice is helping me to develop my special powers or abilities  
   YES  NO
9. My voice wants me to do bad things  
   YES  NO
10. My voice is helping me to achieve my goal in life.  
    YES  NO
11. My voice is trying to corrupt or destroy me  
    YES  NO
12. I am grateful for my voice  
    YES  NO
13. My voice is very powerful  
    YES  NO
14. My voice reassures me  
    YES  NO
15. My voice frightens me  
    YES  NO
16. My voice makes me happy  
    YES  NO
17. My voice makes me feel down YES NO
18. My voice makes me feel angry YES NO
19. My voice makes me feel calm YES NO
20. My voice makes me feel anxious YES NO
21. My voice makes me feel confident YES NO

WHEN I HEAR MY VOICE, USUALLY …

22. I tell it to leave me alone YES NO
23. I try and take my mind off it YES NO
24. I try and stop it YES NO
25. I do things to prevent it talking YES NO
26. I am reluctant to obey it YES NO
27. I listen to it because I want to YES NO
28. I willingly follow what my voice tells me to do YES NO
29. I have done things to start to get in contact with my voice YES NO
30. I seek the advice of my voice YES NO
**Personal Knowledge Scale**

**MY VOICE HAS TALKED ABOUT ....**

1. What’s going through my mind  | YES | NO  
2. My weaknesses  | YES | NO  
3. How I’m feeling  | YES | NO  
4. Bad things that will happen to me in my future  | YES | NO  
5. Good things that have happened in my past  | YES | NO  
6. Things I fear most or wouldn’t want to happen  | YES | NO  
7. Bad things I have done in my past  | YES | NO  
8. What I am doing  | YES | NO  
9. Bad things that will happen in my future  | YES | NO  
10. Good things that have happened in my past  | YES | NO  
11. Bad things that have happened in my past  | YES | NO  
12. Things I am thinking  | YES | NO  
13. What I’m about to do  | YES | NO  
14. What the future holds  | YES | NO  

Scoring guidelines for the
Beliefs about voices questionnaire (BAVQ)

The following guidelines for scoring the BAVQ are derived from an initial study involving 60 individuals in which we examined the psychometric properties of the measure (Chadwick & Birchwood, 1995). For all items if the individual answers Yes, score 1, if the answer is No, score 0.

**Malevolence.** There are six items for malevolence, namely, numbers 1, 3, 5, 7, 9 and 11. The total score is therefore 6, and a threshold score of four or more is indicative of malevolence.

**Benevolence.** There are six items for benevolence, namely, numbers 2, 4, 6, 8, 10 and 12. The total score is therefore 6, and a threshold score of three or more is indicative of benevolence.

**Resistance.** There are nine items for resistance, four relating to feelings (15, 17, 18 and 20) and to five to behaviour (22, 23, 24, 25 & 26). The total score is therefore nine, and a threshold of six or more is indicative of resistance.
Engagement. There are eight items for engagement, four relating to feelings (14, 16, 19 & 21) and four to behaviour (27, 28, 29 & 30). The total score is therefore eight, and a threshold of five or more is indicative of engagement.